

NEW RELEASES JULY/AUG 2023

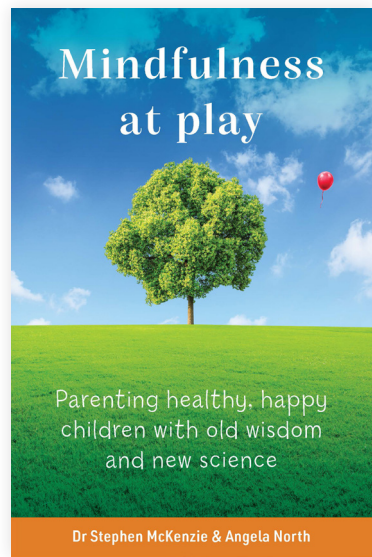
A new edition of
the ultimate guide
to beekeeping,
**THE AUSTRALIAN
BEEKEEPING MANUAL**,
hits the shelves.

MINDFULNESS AT PLAY
– practical tips for parents
to help their kids learn the
lost art of being present.

MINDFUL RELATIONSHIPS
– new ‘value’ Empower edition.

A brand new middle grade
series, **THE PEN**, is packed
with magic and poses
questions about power.

A new picture book from
award-winning author,
Sandra Severgnini brings
the magic of one of the
world's most astonishing
sea creatures to life.



Mindfulness At Play

Parenting healthy, happy children with old wisdom and new science
Dr Stephen McKenzie and Angela North

AU \$34.99 | NZ \$34.99 | July 2023 | 9781922539632 | 229 x 152 mm |
 Paperback | 240 pages

Mindfulness at Play was written by a mindfulness expert and university lecturer, a psychologist and play therapist (both are parents) to help parents and young people recognise and expand the practice of mindfulness in their lives, as well as recognise and respond to whatever is getting in its way. It introduces mindfulness and play-based training exercises and activities, as well as evidence-based mindfulness knowledge.

The authors know that the benefits of mindfulness are substantial and far-reaching. When young people can clearly focus on their internal world in the present moment, they are better able to: develop emotional intelligence, build resilience and emotional regulation, build self-acceptance and decrease shame, and heal from trauma. This is a comprehensive yet light, playful and play-based one-stop mindfulness resource for parents.

ABOUT THE AUTHORS

Dr Stephen McKenzie researches and teaches psychology, including mindfulness and wellbeing.

Angela North is a psychologist who employs play therapy with young people and their families to treat a range of emotional and behavioural problems.



This one-stop mindfulness resource for parents will help young people's learning, social and whole-person development.

Mindful Relationships

Creating genuine connection with ourselves and others

Margie Ulbrick and Dr Richard Chambers

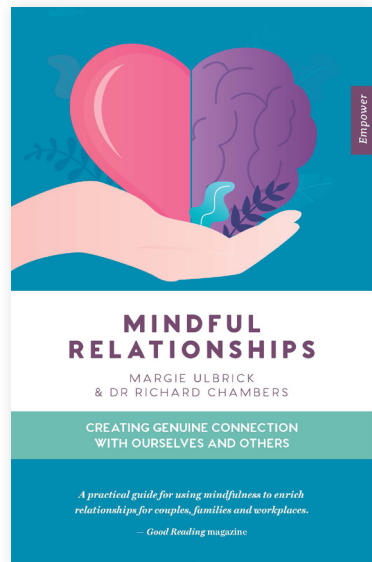
AU \$24.99 | NZ \$24.99 | Aug 2023 | 9781922539786 | 198 x 129 mm | Paperback | 240 pages

The authors explore how we can use mindfulness to develop a more compassionate, friendly relationship with ourselves and others; communicate more effectively; reduce defensive patterns; manage stresses associated with conflict, and work effectively within couples, families and workplaces. Case studies highlight key principles, while practical exercises enable the reader to develop their mindfulness skills.

ABOUT THE AUTHOR

Margie Ulbrick is a relationship counsellor who teaches couples, individuals and families the skills of mindfulness to assist in forming healthy relationships.

Dr Richard Chambers is an award-winning clinical psychologist, executive coach, keynote speaker, and global authority on mindful leadership.

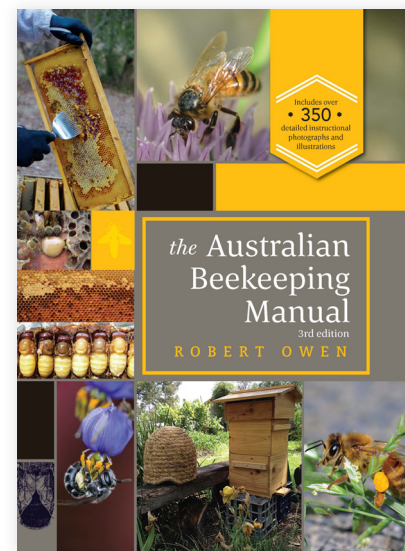
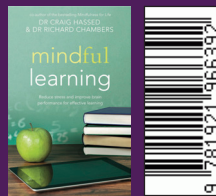


A practical guide for using mindfulness to enrich relationships within couples, families and workplaces.

NEW IN THE POPULAR EMPOWER SERIES



MORE MINDFULNESS FOR PARENTS, TEACHERS & CHILDREN



The Australian Beekeeping Manual (3rd Ed.)

Robert Owen

AU \$59.99 | NZ \$59.99 | Aug 2023 | 9781922539793 | 242 x 184 mm |
 Hardcover | 368 pages

Australia's bestselling guide to beekeeping, now updated with the latest developments in pest and disease management.

The Australian Beekeeping Manual is the most comprehensive reference for both novice and experienced beekeepers in Australia. The accessible yet detailed text, supported by over 350 full-colour photographs and illustrations, covers all the key areas, from the beekeeping equipment needed and how to obtain bees to the basics of colony management, pests and diseases, native bees, and rearing queens. This 3rd edition has been updated to include the latest developments in pest and disease management.

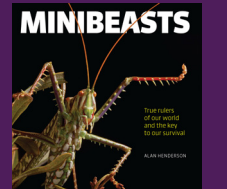
ABOUT THE AUTHOR

Dr Robert Owen was introduced to the world of beekeeping in 2002 and for many years was the owner of a specialist business providing education and supplies to Australian beekeepers. Robert has since completed his PhD in honey bee diseases at the University of Melbourne.

“Detailed information about every facet of beekeeping. You could call it the bee-all, and end all! - GOOD ORGANIC GARDENING”



OTHER BOOKS FOR INSECT OFFICIANS



EK BOOKS

MIDDLE GRADE FICTION

Ruby and the Pen

THE PEN SERIES: BOOK 1

David Lawrence & Cherie Dignam

AU \$16.99 | NZ \$16.99 | July 2023 | 9781922539380 | 210 x 135 mm | Paperback | 280 pages

THEMES: FANTASY, BULLYING, DIVORCE, VALUES

Ruby and the Pen is the story of a 12-year-old, cartoon-drawing girl who buys a pen from a mysterious market stall. She soon learns that the pen has a magical power: whatever she draws, happens! Initially the pen protects Ruby from the meanest girls at her new school, but over time the pen's power becomes dangerous. Soon, Ruby has problems galore and one big question to be answered — should she fix all of her problems with the stroke of a pen?

ABOUT THE CREATORS

David Lawrence went from creating profit-and-loss statements to performing stand-up comedy and TV writing before penning his first book in 2007. Since then, he has written another 12 fun-filled children's books aimed at engaging reluctant readers.

Cherie Dignam has always loved drawing and works in a variety of mediums including coloured pencils and watercolour. However, she is at her happiest with a good old-fashioned dip pen and ink.



AGES 8-12



The first book in a brand new middle grade series from Melbourne author David Lawrence, is a magical story where the pen is powerful..

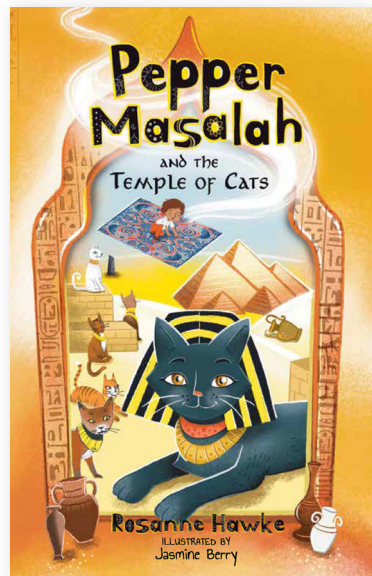


ALSO FOR MIDDLE GRADE READERS





WOMBAT BOOKS



Pepper Masalah and The Temple of Cats

PEPPER MASALAH SERIES: BOOK 2

Rosanne Hawke and Jasmine Berry

AU \$11.99 | NZ \$12.99 | July 2023 | 9781761111143 | 198 x 129 mm | Paperback | 72 pages

AGES 6-10

THEMES: ADVENTURE AND MAGIC

Pepper and Zam land in Ancient Egypt where Pepper Masalah is going to be made into a mummy.

Pepper Masalah and the Temple of Cats is the second in the Pepper Masalah series, a junior fiction story about Bombay/British Shorthair cat, Pepper Masalah, 9-year-old boy, Zamir, and their flying carpet. Author Rosanne Hawke takes them on exciting adventures across the globe, blending culture, legend, history and myth in an action-packed journey.

ABOUT THE AUTHOR

Rosanne Hawke is an award-winning Australian author of over 30 books for children and YA. She has been a teacher, an aid worker in Pakistan & the UAE for 10 years, and a lecturer in Creative Writing at Tabor College.



JUNIOR FICTION

ALSO IN THIS SERIES



LITTLE PINK DOG BOOKS



My Giant Sea Shell

Amanda Lieber & Kathy Creamer

AU \$24.99 | NZ \$24.99 | July 2023 | 9780648964193 | 245 x 245 mm | Hardcover | 32 pages

AGES 4-8

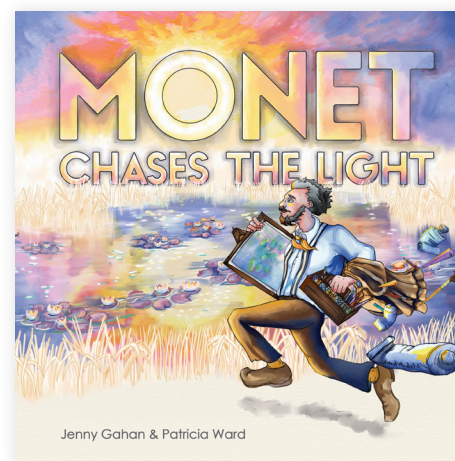
THEMES: FAMILY, DEPRESSION

Through the eyes of a child, we are taken on a journey as she tries to understand her mother's depression, and how through her persistence and encouragement, she is able to help her mother.

Opens the door to conversations about mental health.



PICTURE BOOKS



Monet Chases The Light

Jenny Gahan & Patricia Ward

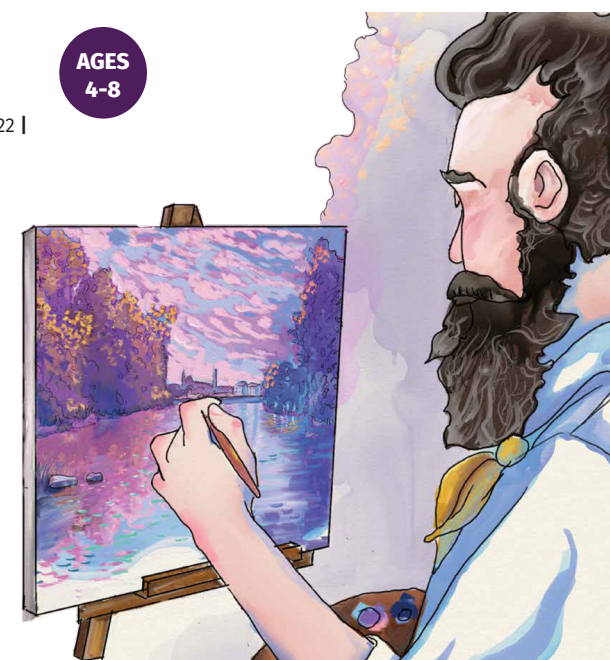
AU \$24.99 | NZ \$24.99 | Aug 2023 | 9780645418422 | 245 x 245 mm | Hardcover | 32 pages

AGES 4-8

THEMES: ART, PAINTING, HISTORY



Introduces children to the famous French artist and his obsession with capturing light in his paintings.



Monet, a French painter, is fascinated by light. He paints at all times of the day, in all seasons, and in all kinds of weather. He chases the light as it frolics through the fields, dances in the treetops, and skips across the water. Eventually the light comes to rest in Monet's beautiful waterlily pond.



EK BOOKS

Meet Mim

Sandra Severgnini

AU \$24.99 | NZ \$24.99 | Aug 2023 | 9781922539557 | 245 x 255 mm | Hardcover | 32 pages

AGES 4-9

THEMES: MARINE LIFE

The world of the sandy seabed is brought to life in Meet Mim, the story of one of the natural world's masters of disguise — the mimic octopus.

Sandra Severgnini sets up a delightful guessing game for the reader while showcasing the abilities of this little-known creature. The mimic octopus can change colour, shape and skin texture in all kinds of amazing ways. It deters predators by shape-shifting into creatures that are known to be poisonous, such as the spiked lionfish and the banded sea snake. It can even imitate jellyfish and sea stars.

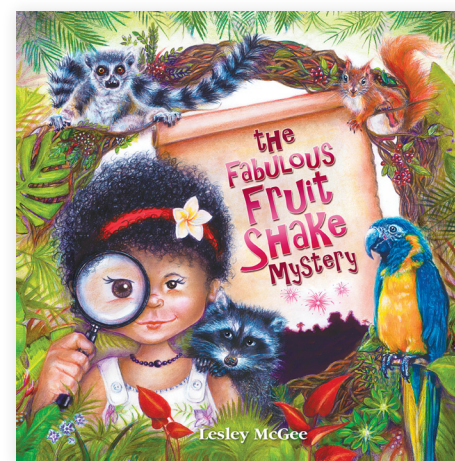
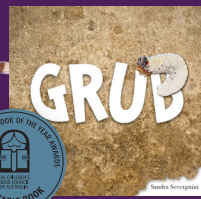
This book is for everyone from inquisitive little people who love nature to adults who can still be fascinated. Budding marine biologists will delight in the wealth of accurate detail presented in the illustrations. Adult and child readers alike will be left with a new appreciation for the life in our precious yet threatened marine environments.

PICTURE BOOKS



New from Sandra Severgnini, CBCA Notable Author 2023 and winner of the Environment Award for Children's Literature.

ALSO FROM THIS AUTHOR/ILLUSTRATOR



The Fabulous Fruit Shake Mystery

Lesley McGee

AU \$24.99 | NZ \$24.99 | Aug 2023 | 9780645418446 | 245 x 245 mm | Hardcover | 32 pages

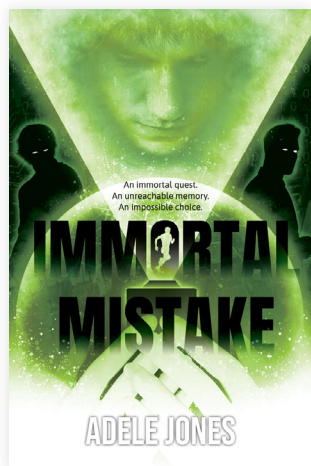
AGES 3-8

THEMES: JUNGLE ANIMALS

Follow a diverse gang of friends, who work together to solve a mystery that threatens an important day on their island home. With clever detective work and a little pinch of magic, the gang find the cheeky culprits just in time. Singing, dancing and yummy, tropical treats made special by friendship and sharing.

A vibrantly illustrated book, that features island friends who band together to solve a deliciously magical mystery.





Immortal Mistake

Adele Jones

AU \$19.99 | NZ \$19.99 | Aug 2023 | 9781761110085 | 203 x 133 mm | Paperback | 268 pages

AGES 13-18

THEMES: DYSTOPIAN SCIENCE FICTION

Explores the difficult issues of domestic violence, substance abuse, bioethics, trafficking, and youth crime, in a story that is ultimately hopeful.

A high-tech vault buried in his backyard and a bionic stranger pull teenager Rennie Parker into a world of forced experimentation that erases 24 hours of memories. A gritty, science-fiction thriller set in Brisbane, Australia.

ABOUT THE AUTHOR

Queensland author Adele Jones writes young adult fringe and near-science speculative fiction exploring the underbelly of bioethics and confronting teen issues that include disability, self-worth, loss, domestic conflict, and more.



ALSO SET IN THIS FICTIONAL WORLD



Veridon: The Heir. The Crown. The Reign.

Lynne Stringer

AU \$26.99 | NZ \$28.99 | Aug 2023 | 9781761111044 | 229 x 152 mm | Paperback | 512 pages

AGES 13+

THEMES: SPACE OPERA

Entry level sci-fi with a strong female lead. Three books in one Omnibus edition.

Sarah Fenhardt is living an ordinary life in high school, trying to hide her crush on Dan Bradfield, who is dating her best friend, Jillian.

When tragedy strikes, her life is turned upside down. Sarah is desperate to uncover the truth, but it could take her to another galaxy and change everything she believes about who she is. Her world becomes one of royalty, assassinations and plots. Although Dan is always there to protect her, will her new life bring them closer together or tear them apart?



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